

Midcoast Fencing Athletic Club

Important Info + Code of Conduct

—Midcoast Fencing Athletic Club is a registered club with USA Fencing, which provides insurance. In order to maintain the insurance, anyone participating must also be a member of USA Fencing. Prior to enrolling with the club, you must register yourself in the “Access Membership” with USA Fencing at this link:

<https://www.usafencing.org/membership>

—To enroll in a membership with Midcoast Fencing, you must fill out and sign the Health & Safety Form, the Waiver Form, and this Important Info + Code of Conduct Form.

—Wear comfortable athletic sneakers that are clean—please bring different sneakers other than your outdoor shoes. No outdoor shoes will be permitted in the fencing area. Wear long athletic pants or fencing knickers—no shorts!

—Protective chest/breast plates are not provided. This is a personal gear item (like a men’s cup) that you must purchase on your own to keep at home and bring to class. You can get this item through Absolute Fencing Gear for approximately \$30.
The link to purchase:

<https://www.absolutefencinggear.com/uniforms/non-fie/chest-guard>

—Your club membership fee will be automatically charged every 30 days from the date you initially registered. There are no refunds. You may cancel at any time by logging into your account. Making any changes or canceling your membership is your responsibility.

—All of the club’s fencing gear is shared and free to use with your membership for the first 90 days for the Standard and Deluxe Memberships. Most people get their own gear by this time. If you wish to continue to use the club’s gear, you will be charged an additional \$25/month equipment rental fee. If/When you decide to get your own gear, the recommended equipment vendor is Absolute Fencing Gear.

Seek advice from Coach prior to ordering any gear.

—For the Youth Rec membership, students must provide their own Mask, Foil and Chest Protector to begin. Seek advice from Coach prior to ordering.

- Midcoast Fencing Athletic Club may occasionally have a closure due to coach illness or inclement weather, and federal holidays/vacation time.
- If you miss a class, you can make it up another time within that billing cycle. It is your responsibility to participate in class, make up any missed classes, and schedule private lessons.
- Parents: drop-off and pick-up is strongly preferred, so as not to cause distractions during class time. However if you would like to stay, please remain in the small seating area by the front door.

Code of Conduct

Midcoast Fencing Athletic Club is here to share the amazing sport of fencing within our community. Please enter the Club with respect for yourself and respect for others, and follow these rules to ensure your safety and the safety of those around you:

- Repeated instances of rude or offensive behavior, belittling others, aggression or failure to comply with class instruction will result in membership revocation.
- Always hold the fencing foil with the tip pointed downward to the floor, unless you are actively fencing or doing blade drills.
 - Never run while holding the fencing foil.
- Always listen to the instruction of the coach. Do not misuse the equipment. Put all equipment away neatly at the end of each class.
- Under NO CIRCUMSTANCES will violence be tolerated. Fencing is not about hurting your opponent. You will listen to instruction and hit properly, and if you try to intentionally hurt someone, you will be asked to leave.

I have fully read and understand the Important Info + Code of Conduct:

Your Name + Signature: _____